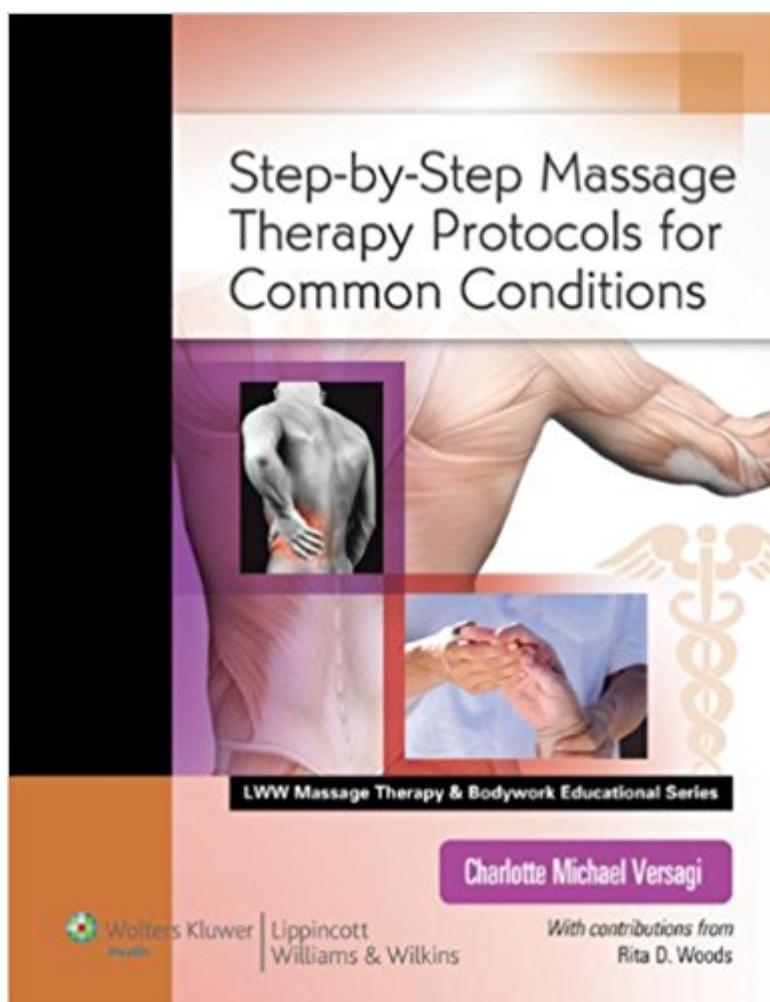


The book was found

Step-by-Step Massage Therapy Protocols For Common Conditions (LWW Massage Therapy And Bodywork Educational Series)



Synopsis

Discover how to use your knowledge of massage to support clients with specific medical conditions! *Step-by-Step Massage Therapy Protocols for Common Conditions* is intended to give massage therapy students and practitioners the knowledge and confidence to work safely with clients who have medical conditions. Relying on her many years of massage experience, Charlotte Michael Versagi outlines the skills needed to assess wisely, think critically, and use techniques already learned and practiced in massage school to work with these clients. The text provides practical, thorough protocols to help therapists support their clients while steering them away from doing any harm. This text prepares the student in a massage program, or the therapist already practicing, to become an effective member of a client's healthcare team. The book is designed so that the therapist can quickly understand the basics of the condition, the most common strategies for medical treatment, and how to relieve pain and help the client deal with the condition. The book's easy-to-navigate organization helps create an effective learning experience, presenting the foundation for protocols in chapters 1-5, and then turning to specific conditions (arranged alphabetically) in chapters 6-44. Each condition chapter presents a comprehensive yet succinct explanation of the condition—what causes it, how it develops, how it is treated, and how the massage therapist can assess the condition's effect on the client. The central feature of each of these chapters is the *Massage Therapy Protocol*, which presents in tabular form a suggested protocol for supporting healing with massage therapy. *Special Features Help You Successfully Implement the Massage Protocols*—*Pathophysiology* helps readers understand the nature and progression of the medical condition. *Thinking It Through* offers a set of questions for the massage therapist to consider before working with the client. *Massage Therapy Assessment* guides therapists in evaluating a client's condition for the purpose of designing and implementing an effective massage therapy program. *Therapeutic Goals* help readers determine what is—and is not—a goal of massage therapy when working with a client who has a medical condition. *Contraindications and Cautions* alert readers when particular massage techniques may be harmful or medical intervention may be necessary. *Review Questions* assess understanding of the medical condition and its treatment. *Bonus Online Resources!* The companion website located on thePoint offers a fully searchable online version of the book as well as a sample client homework sheet, sample SOAP notes, and a Dermatome map.

Book Information

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Customer Reviews

I am happy with the book itself. Covers a list of common conditions that most massage therapists will come across. And so far I have found the information interesting. The disappointing thing about the kindle version is that it is hard to read the Protocols suggested for treating each condition. The box has smaller font. I try to enlarge it and that doesn't help. It changes for the rest of the text but not the text in the box? And unfortunately I can't zoom out the pages. Not sure if anyone else has had this problem or knows how to fix it.

As a newer therapist this book is a much needed necessity. It has helped give me ideas on how to work on some client issues and how to assess them. I always keep this book in my treatment room for a quick reference guide. I have a bit of OCD, so I tabbed the book for easy reference. I highly recommend this book for any new or older therapist!

I can't get enough of this manual! Virtually everything a therapist needs to give a client with any of these conditions the best, safest, most effective massage is at your fingertips! This manual is a must have in your reference material. It gives me the confidence I need to enter a session with a client knowing I will "do no harm". Great Job Charlotte Michael Versagi!!!!

I've always loved having protocols to follow and tweak based on a customer's needs. Now I have it all in Charlotte's book. She lays everything out so it's easy to follow, concise, and yet gets to the

heart of what needs to be done and allows room to make adjustments as necessary. I love the format of the book and feel that this book is a MUST for every massage therapist's tool box. This book has made me a better therapist and a better professional. I'm grateful to have this book so that I can keep getting better at something I love to do. Thanks Charlotte.

I purchased this book because a fellow massage therapist recommended it to me and I'm glad I made the purchase. The book is easy to navigate and tells you how to approach each condition. Great buy.

I am not a massage therapist, but find this book to be extremely valuable. It is an incredible source of information. Very insightful and informative in helping me understand what is really going on with my body- and what to do (or ask my therapist to do)to make me feel as healthy as possible. I refer to it often and recommend it to friends who want to understand their bodies in a more complete way.

Item was as described and expected.

Exactly as described

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